



BEARWOOD NEWS

Friday 24th January 2025

Dear Families

This week, some of our KS1 and KS2 children had the opportunity to take part in a gymnastics event at the Pinewood Gymnastics Club. They had a brilliant time. Thank you to Miss Davis for accompanying them.

Badger Class presented their assembly to their parents this week. They talked about how they are super heroes with talents, and shared some of the things they have been learning. They also sang a song about circulatory system - which they have been learning about in science this term. Next week, Otter Class will present their assembly to parents.

Yesterday, we had a very special assembly for Mrs Haden, who has now started her maternity leave. The whole school sang Mrs Haden a special song. We also presented her with gifts and wished her well. We look forward to seeing her new little bundle of joy in the near future.

Next week will be very busy, with lots of exciting things happening!

Do have a lovely weekend.

Best wishes

Funmi Alder

Headteacher

Value for the term –

Honesty

quotesjournal.com

“Honesty is a commitment to truth, even when it is difficult or inconvenient. It is a reflection of your character and values, shaping the way you navigate the world.”

Superstar!



A huge well done to Ellie in Year 4 who auditioned to be in Matilda the musical and was successful in getting a part in Miss Honey's Class!

Well done Ellie!

If you wish for your child to star in our newsletter. Please send a photo and a brief description to the school office.

THANK YOU!

A huge thank you to Wellington College for our **£1000** donation towards our **Multi Use Games Area!** And a big thank you to Mrs Martin for nominating our school.

Watch this space for some more information regarding our fundraising ideas!

EYFS Drawing /Writing Workshop

We are looking forward to seeing you all on **Wednesday 29th January at 09.15am** for our Drawing/Writing Workshop.

If you would like to attend, please complete the following google form:

<https://forms.gle/MeYmLchP17AMnGVUA>



Office Notices

Growth Mindset Awards

Fox – Hadi

Beaver – Ellis

Red Kite – Robin

Red Squirrel – Amelia & Lily

Dormouse – Blake

Badger – Shajpreet

Otter – Freya

Grey Wolf – Gem

Sports Star Awards

Fox – Melodie

Beaver – Gabrielle

Red Kite – Aarohi

Red Squirrel – Alondra

Dormouse – Mollie

Badger – Luca

Otter – Jess

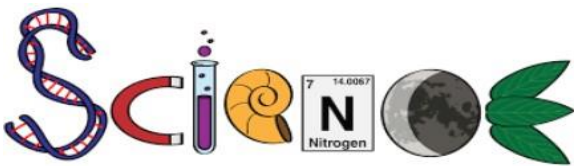
Grey Wolf – Yehya



This week's winners of TTRS 'Battle of the Bands'

LKS2 Winners – Dormouse 551 points

UKS2 Winners – UKS2 239 points



Scientist of the week!

LKS2 – Lauryane

UKS2 – Vienna



Performers of the week!

The whole school gave Mrs Haden a special 'Thank you and Best Wishes' assembly and sang a beautiful song they had secretly been practising. Well done everybody!

IMPORTANT

dates to remember

- Monday 27th January – LKS2 Look Out Discovery Centre Trip
- Wednesday 29th January – 9.15am – Reception parents' Drawing Club (writing) workshop
- Wednesday 29th January – Chinese New Year Assembly
- Thursday 30th January – 9am – Otter Class assembly **(New Date)**
- Friday 31st January – 9.30am – prospective parents' tour
- Wednesday 5th February – Year Six SATs meeting
- Wednesday 5th February – LKS2 TeamGym (Invite only) 13.15-15:30
- Wednesday 5th February – UKS2 TeamGym (Invite only) 09.45-12.30
- Thursday 6th February – 9am – Dormouse Class assembly
- Tuesday 11th February Safer Internet Day – workshop for parents – 9am and 5pm
- Wednesday 12th February – KS1 Milestone Museum Trip
- Thursday 13th February – 9am – Red Kite Class assembly
- Monday 17th February to Friday 21st February – Spring half-term
- Tuesday 25th February – children return
- Friday 28th February – 9.30am – prospective parents' tour
- Thursday 6th March – World Book Day
- Thursday 6th March – LKS2 Tag Rugby – 15:30-17:00 (Invite only)
- W/C 10th March – Science Week
- Friday 21st March – Red Nose Day & UKS2 In2 Hockey – 15:00-18:00 (Invite only)
- Tuesday 25th March – 3:45 to 6:15pm – Parents' Evening
- Thursday 27th March – 4:30 to 7pm – Parents' Evening
- Friday 28th March – 9.30am – prospective parents' tour
- Wednesday 2nd April – 9:30am – LKS2 production to parents
- Thursday 3rd April – 2pm – LKS2 production to parents
- Friday 4th April – attendance medals assembly
- Friday 4th April – last day of Spring term – school closed at 2pm
- Tuesday 22nd April – children return
- Thursday 24th April – Jewish Passover assembly
- Friday 25th April – 9.30am – prospective parents' tour
- Thursday 1st May – Sikh Vaisakhi assembly
- Monday 5th May – Bank Holiday
- W/C 12th May – Year Six SATs
- Thursday 22nd May – Muslim Eid assembly
- Friday 23rd May – 2pm – Country Dancing Show to parents
- Monday 26th May to Friday 30th May – Summer half-term
- Monday 2nd June - INSET
- Tuesday 3rd June – children return

Weekly Updates!

For pictures and information on what each class has been doing this week or enrichment activities that have taken place please click on the year group below or visit the school gallery.

EYFS

KS1

LKS2

UKS2



School success starts
with attendance

Weekly Attendance

Brown Bears –97.69%

Fox –95.93%

Beaver – 98.89% *Winner*

Red Kite –90.22%

Red Squirrel –92.06%

Dormouse –97.78%

Badger –88.12%

Otter –94.81%

Grey Wolf –95.19%



Please ensure you call or email each day your child is absent.

We spend a lot of time calling parents that have not called in to report an absence. Please ensure you report an absence before 9am.



Should I keep my child off school?



Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



**WOKINGHAM
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Berkshire Healthcare
NHS Foundation Trust

SUPPORTING CHALLENGING BEHAVIOUR

Online parent workshop



*** IDENTIFY
TRIGGERS**



*** FIND
SUPPORT
STRATEGIES**



*** ROUTES TO
ADDITIONAL
HELP**

**TUESDAY 28TH JANUARY,
6-7PM, ON TEAMS**

with Rachael Neville,
Education Mental Health Practitioner

**SIGN UP BY EMAILING [SENCO@BEARWOOD-
PRI.WOKINGHAM.SCH.UK](mailto:senco@bearwood-pri.wokingham.sch.uk)**

Do you have a 5-19 year old?

We can offer advice and
support on many topics like:

- ✓ Sleep
- ✓ Behaviour
- ✓ Bullying
- ✓ Parenting
- ✓ Healthy eating
- ✓ Bedwetting
- ✓ Dealing with medical conditions in school
- ✓ Emotional health & wellbeing



Text a school nurse
for confidential advice and support

07312 263194



cypf.berkshirehealthcare.nhs.uk



We might inform someone if we were concerned about your safety but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Texts will only be seen between Mon-Fri 9am-4.30pm. If you need help before you hear back from us contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.

COMPETITION

Design an Active
Travel Poster
based on your
journey to school

Win a £50
Decathlon voucher
in primary or
secondary school
category (runners-
up prizes too)

The winning
design will be
made into posters
for your school

The competition
runs from
Monday, 20
January until
Monday, 24
February



More information:
[myjourneywokingham.
com/events](http://myjourneywokingham.com/events)



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FIRST



FIRST

Family Intervention

Resources & Support Team

Coffee Morning

Who we are:

The aim of the Family Intervention, Resources and Support Team (FIRST) is to provide information, workshops and training around sleep (including anxiety) and distressed behaviour. The team comprises of Sleep Practitioners, Therapeutic Thinking and Attachment Practitioners and a Family Support Worker. The team can offer parents/carers who reside in the Wokingham Borough, an opportunity to explore different ways of thinking about sleep, anxiety and distressed behaviour and can provide strategies to support your child.



Date: Thursday 6th March 2025

Time: 9.30 – 11.30am

Venue: Woodley Airfield Centre
Hurricane Way
RG5 4UX

1:1 sessions with one of the team are available to book if you would like to discuss any sleep or distressed behaviour issues you are currently experiencing.

For further information or to book a 20-minute session, please contact us on: first@wokingham.gov.uk

Link to the [FIRST](#) webpage on WBC directory: -

FEBRUARY HOLIDAY CAMPS



Visit Our Website For...

Venue Details | Bookings | Days & Dates



Over 350
Google Reviews

Camps Start at 9am

Drop Off From 8:30am

5-12 Year Olds to 3pm

£27.50 Per Day

4 Year Olds to 1pm

£21.50 Per Day



MULTI-SPORTS CAMPS

- **Caversham** | Thameside Primary School
- **Arborfield** | Farley Hill Primary School
- **Bracknell** | St Maragaret's Primary
- **Woodley** | South Lake Primary School
- **Slough** | Claycots School (Townhall Campus)

FOOTBALL CAMPS

- **Bracknell** | Garth Hill College
- **Woodley** | Woodford Park 3G
- **Caversham** | Thameside Primary School
- **Wokingham** | Floreat Montague Park

[U-SPORTS.CO.UK/BERKSHIRE-HOLIDAY-CAMPS](https://u-sports.co.uk/berkshire-holiday-camps)



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NHS
Berkshire Healthcare
NHS Foundation Trust

Wokingham Mental Health Support Team (MHST)

Helping your Child with Fears and Worries Online Parent Group Programme A Guided Self-Help Approach



Learn coping strategies to help your child manage anxiety.

Is your child between 5-12 years of age and facing difficulties with anxiety?



This group parent programme will enable you to understand what is causing your child's worries and to carry out evidence based, step-by-step practical strategies that you can use at home to support your child in order for them to overcome problems with anxiety.

The programme aims to support parents to work through the accompanying book *Helping Your Child with Fears and Worries: A self-help guide for parents (2nd Edition)*.



Course Outline

- Introductory assessment phone call
- 5 x 90 minute online group sessions on Wednesdays 26th February, 5th, 12th, 19th March and 2nd April, 9:30 - 11:00am.
- Useful handouts for each session.

To book a place on the course please return completed

referral form circulated with this flyer to:

MHSTAdmin@wokingham.gov.uk

by 5th February 2025



Changing Behaviour, Changes Behaviour

An opportunity to explore different ways of thinking about
behaviour

We can offer advice & strategies to support your child

Online course for parents who have a child or young person
with a disability aged 3 -18 who live in the Wokingham
Borough

Join us for **Changing Behaviour, Changes Behaviour**

This will be delivered via Microsoft Teams so please download the app prior
to the session.

Dates: Wednesday 7th, 14th & 21st May 2025

Time: 10-11.30am

To book or for more information, please contact us via:

Email – First@wokingham.gov.uk

This workshop will be delivered by:

Simone Hall and Helen Tracey

Therapeutic Thinking & Foundations for Attachment Practitioners

The sessions will include:

1. Behaviour & communication, identifying triggers & causes, the upstairs & downstairs brain & The Window of Tolerance
2. Getting on better, the behaviour wave, positive handling plans & how you respond
3. CALM stance, sensory avoidant & seeking, rewards, activities resources & self-care



Waking up to Healthy Sleep

Online course for parents / carers who have a child or young person with a disability (or on the pathway for an autism assessment) aged 3 -18 who live in the Wokingham Borough

*Please note parents / carers with a child or young person who does not have a disability may attend this course if capacity allows

**Is your child experiencing sleep problems?
We can support you to improve their sleep routine.**

**Dates: Tuesday 4th, 11th & 18th March 2025
Time: 6.30 – 8pm**

This will be delivered via Microsoft Teams so please download the app prior to the first session

To book or for more information, please contact us via:

Email – First@wokingham.gov.uk

Our training is delivered by practitioners trained by The Sleep Charity & Southampton University Hospital Sleep Disorder Service

This is an interactive course and attendees are required to participate and attend all 3 sessions which include:

- Understanding sleep cycles
- Causes of sleep issues
- Establishing appropriate routines
- Identifying and managing sleep problems
- Positive bedtimes



Waking up to Healthy Sleep



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SLEEP SUPPORT

Parents / carers with a child or young person who does not have a disability may attend the sleep workshop and course if capacity allows.

Sleep Matters

90 – minute introductory workshop

Waking Up to Healthy Sleep course

Consisting of 3 sessions of 90 minutes per week. There is an expectation that all 3 sessions will be attended

Sleep and Anxiety

2 – hour workshop – parents / carers are required to have previously attended the Waking Up to Healthy Sleep course

The Importance of Sleep

90 – minute workshop for professionals

DISTRESSED BEHAVIOUR SUPPORT

*Parents / carers with a child or young person who does not have a disability may attend the Supporting Behaviour workshop if capacity allows.

***Supporting Distressed Behaviour**

90 -minute introductory workshop

Changing Behaviour, Changes Behaviour course

Consisting of 3 sessions of 90 minutes per week. There is an expectation that all 3 sessions will be attended

Making Sense of Behaviour

90 – minute workshop for professionals

PARENTS CAN SELF-REFER PLEASE CONTACT US FOR MORE INFORMATION VIA First@wokingham.gov.uk